

**JOHANN WOLFGANG VON GOETHE
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**International Conference on Clinical Ethics and Consultation
2014**

Frankfurt Network Ethics in geriatric care

Practical experience and theoretical considerations
from seven years of projekt work

Timo Sauer
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ICCEC: Frankfurter Netzwerk Ethik in der Altenpflege

Overview

1. The starting point
2. The history of the project
3. Facts and statistics
4. Theoretical deductions
5. Perspectives

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Interdisciplinary study by Bockenheimer-Lucius, G.; Pantel J. et al: „Psychopharmaceutics supply in senior living homes with long-term care“ (2004/2005)

- Result I: The use of pharmaceutics in long-term care facilities is often inadequat
- Result II: There is no discursive space to reflect and discuss ethical problems of everyday practice

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Interdisciplinary study by Bockenheimer-Lucius, G.; Pantel J. et al: „Psychopharmaceutics supply in senior living homes with long-term care“ (2004/2005)

- Result II: There is no discursive space to reflect and discuss ethical problems of everyday practice
- Consequence of result II: Founding of an „ethics project“ for the Frankfurt nursing homes for the elderly

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Chronological outline of the project

| | |
|--------------|-----------|
| Phase one: | 2006-2007 |
| Phase two: | 2007-2008 |
| Phase three: | 2008-2013 |

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Phase one: The first ethics committee (2006-2007)

- Founding of the first ethics committee in the „Franziska Schervier Altenpflegeheim“ Frankfurt
- According to the pattern of a clinical ethics committee (interdisciplinarity)
- Responsibility for 190 residents in two facilities
- Tasks: further education in ethical topics, ethics consultation, development of „guidelines“

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Phase two: The „ethics café“ (2007-2008)

Establishing the discussion forum

- Low level offer to the employees of the senior living homes
- Discursive space to reflect the every-day practice and its normative implications
- Intended as a supplementary measure to the ethics committee
- The ethics café has become an essential element of the network structure

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Phase three: The second ethics committee (2008-2013)

- Founding of the second ethics committee in analogy to the first one
- It has no permanent location but rotates among the participating nursing homes within Frankfurt
- It is constituted by employees of the Frankfurt nursing homes
- It is responsible for approx. 3800 residents in 38 facilities

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The network structure

- The benefit of the network structure
- It saves financial and personal resources
- It enables communication between employees of different facilities
- It facilitates training of the care staff and quality control of the committee work

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Ethics committees

- The first ethics committee: 78 meetings were held (since 2006) and 34 „case discussions“ have been performed
- The second ethics committee: 55 meetings were held (since 2008) and 9 „case discussions“ have been performed

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Additional topics

- In addition to the case discussions a certain number of topics have been discussed
- Artificial nutrition and PEG-tube
- Living will and custody law
- Handling of "challenging" residents
- Ethical questions of biography work
- Changes of social structure in nursing homes

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Ethics consultation (2008-2014)

Ethics consultation / ethical case consulting is a discursive procedure to solve ethically relevant decision-making conflicts.

- 31 consultations have been performed on demand

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Ethics café (since 2007)

- The ethics café: 74 sessions of the ethics café took place (average number of participants: approx. 10)
- 48 „case discussions“ have been performed

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| | meetings | case discussions |
|---------------------|----------|------------------|
| EKA I | 78 | 34 |
| Ethics café | 74 | 48 |
| EKA II | 55 | 9 |
| Ethics consultation | 31 | 31 |
| total | 238 | 122 |

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Further education in medical and nursing ethics (since 2007)

- 17 public events for the employees of the Frankfurt nursing homes (average number of participants: ca. 45)
- 14 events for committee members to enable the committee work

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Development of Guidelines / Statements

- Questionnaire on the assessment of ability to consent in „everyday questions“ in the Senior Living Homes
- Guideline for the handling of Living wills
- Guideline for the handling of „challenging“ persons“

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Theoretical deductions: Differences between nursing home and hospital

- the range of the discussed cases
- the setting of the ethics consultation

Consequently

- it is to be reconstructed theroretically in a different way and
- it needs a specific procedure for ethics consultation

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Theoretical reconstruction

- The specific normative questions of nursing homes emerge out of the field of tension between privacy and institutional care

Theoretical reference point: total institution (Goffman)

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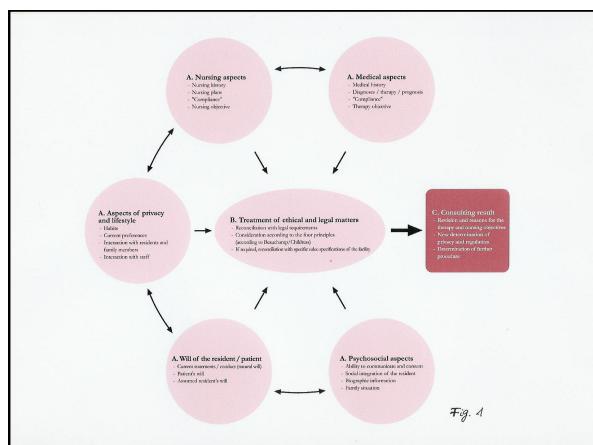
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Specific procedure for ethics consultation

- Usual procedures are inappropriate
 - often very complex
 - strongly orientated to medical aspects
 - Lacking aspects of privacy and lifestyle
- Procedure of ethics consultation for geriatric care
 - Simple structure
 - Privacy and lifestyle as major question

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Phase four (2014)
Reorganisation of the organisational framework

- Delegation of „ethics commissioner“
- Further education of the commissioners to „ethics consultants“ in accordance to the standards of the „Akademie für Ethik in der Medizin“
- More organisational and financial responsibility of the care facilities

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The experiences of the project work led to the publication:

Bockenheimer-Lucius / Dansou / Sauer
Das Ethikkomitee im Altenpflegeheim.
Theoretische Grundlagen und praktische Konzeption, Frankfurt am Main 2012



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Thank you very much!
www.ethiknetzwerk-altenpflege.de



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Gwendolin Wanderer

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